

### Easy-Cheesey Black Bean Quesadillas!

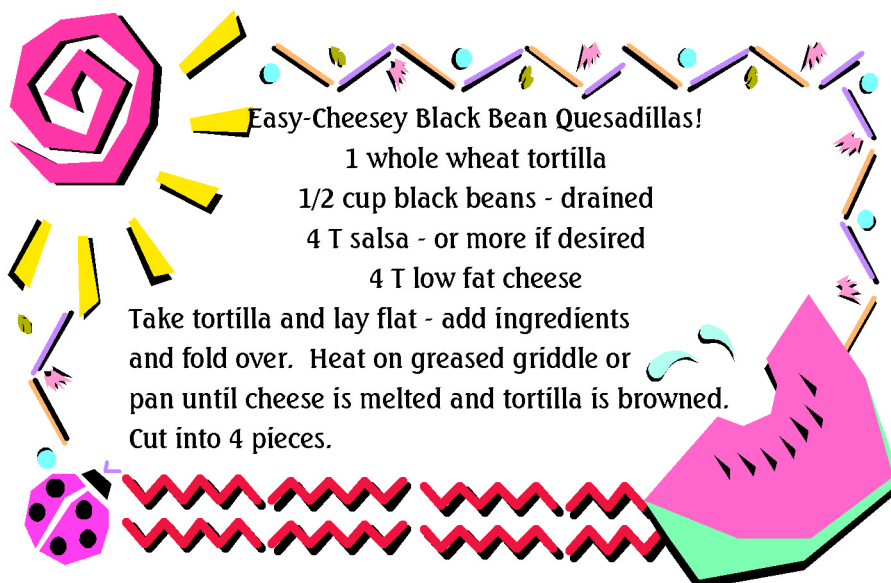
1 whole wheat tortilla

1/2 cup black beans - drained

4 T salsa - or more if desired

4 T low fat cheese

Take tortilla and lay flat - add ingredients and fold over. Heat on greased griddle or pan until cheese is melted and tortilla is browned. Cut into 4 pieces.



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